



World Outgames sports program determined

Copenhagen, Denmark – Gold, silver and bronze medals in 38 different sporting events will be up for grabs during the World Outgames in Copenhagen from 25 July to 2 August 2009.

The program includes team and individual sports ranging from aerobics to volleyball for amateur athletes of every level. Even a winter sports program featuring ice hockey, figure skating and curling is on the program.

“The World Outgames 2009 will mark the first time that a winter sports tournament has ever been held in Denmark.” Said Tommy Kristoffersen, sports director for the World Outgames 2009.

“Interest for these events, especially from North America, was so strong that we felt it important to include these disciplines even though the facilities are normally not in use,” said Tommy Kristoffersen.

The entire program is being developed with the tremendous assistance of local, national and international sports organizations who are providing the facilities and logistical support that will make the World Outgames 2009 in Copenhagen an open, competitive, fair and positive experience for all of the participating athletes, officials, volunteers, fans and sponsors.

In addition to the various tournaments, a series of workshops to be announced in 2008 are also being planned. All of the events will be held at 8 venues easily accessible venues throughout the city. See the complete list of sporting events and a map of the different venues below.

For more information please contact Tommy Kristoffersen or visit our website **www.copenhagen2009.org**.

Sport

Aerobics	Canoe and kayak	-50 backstroke
Athletics	Climbing	-50 Butterfly
-100m	Country Western	-50 freestyle
-200m	Curling	-100 butterfly
-400m	Cycling	-100 breaststroke
-800m	Dance	-100 freestyle
-1500m	-Standard and latin	-100 backstroke
-5000m	Diving	-200 breaststroke
-100m hurdles	Field Hockey	-200 IM
women	Figure skating	-200 freestyle
-110m hurdles men	Floorball	-200 Butterfly
-400m hurdles	Golf	-200 backstroke
-3000m steeple	Ice hockey	-400 freestyle
-5 km race walk	Marathon	-400 IM
-Pole vault	-Full marathon	-800 freestyle
-Long jump	-Half marathon	-1500 freestyle
-High jump	-10 km race	-4 x 100 freestyle
-Triple jump	-5 km race	-4 X 100 medley
-Discus throw	Martial Arts	-4 X 50 medley
-Shot put	Roller racing	-4 x 50 freestyle
-Javelin throw	Rowing	-4 x 200 freestyle
-4 x 100 m	-Single Sculls (1x)	Synchronized
-4 x 400 m	-Double Sculls (2x)	swimming
-Heptathlon women	-Quadruple Sculls (4x)	Table Tennis
-Decathlon men	-Four (4-)	Tennis
-Relay 1000 m	-Eight (8+)	Triathlon
medley mixed	-Inrigger Four (4+inr)	-Olympic Distance
(2 men, 2 women)	Rugby	-1/10 Iron man
Badminton	Shooting	-Team 1/10 Iron
Basketball	Soccer (Football)	man
Beach Volley	Softball	Volleyball
Billiard	Squash	Water polo
Bowling	Swimming	Wrestling
Bridge	-50 breaststroke	

Workshops

Adventure
 Body building/fitness
 Fencing
 Flag fodbold
 Gymnastics
 Karate
 Kayak polo
 Line Dance
 Open water
 Petanque
 Taekwondo
 Wellness
 Yoga

Sportvenues

